



# LIFECYCLE

When it comes to motivational machinery, this high-performance exercise bike, Ciclotte, has broken the mould, as it's undeniably cool and unmistakably Italian.

Created by one of Milan's leading designers, Luca Schieppati, and made by Italy's Lamiflex Group — recognised internationally for its high-tech solutions — this state-of-the-art concept looks set to radically redefine the role of the traditional exercise bike.

From a technical viewpoint, the Ciclotte has been designed to reproduce the dynamics and performance of road cycling and is ideal for intense aerobic workouts such as spinning. It's also the first exercise bike to use an epicycloid system, which works by generating its own concentrated magnetic field to maximise the level of resistance.

Inspired by ergonomics with style at its heart, the Ciclotte is a tour de force in refined engineering and destined to become a must-have in the world of luxury fitness.

The Ciclotte, available from £6,800 in carbon, silver and purple, is set to launch in the UK at the 100% Design London show at Earls Court in London from 23-26 September. [www.ciclotte.com](http://www.ciclotte.com)

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## MAKE an IMPRESSION

UK Spa specialists Drom UK have introduced a new range of sauna and steam rooms called Impressions. Produced by renowned Swedish manufacturer Tylo, they're designed with clean lines to suit even the smallest of spaces, with models available at just 1.3sq metres.

Functionality is combined with stylish looks and clever design features. All models can comfortably seat two adults, while the 2.2sq metre model can easily accommodate a family of two adults and two children.

Impression offers either a traditional sauna and soothing steam sauna or dual units for separate sauna and steam shower. Benches are made of quality dark ash that's been heat-treated to cope with years of use, while the inside walls are lined with beautiful, knot-free blonde aspen wood. Priced according to space and specification. T: 01932 355655. [www.dromuk.com](http://www.dromuk.com)

